



SPORTS CUP

WINTER SPORTS WEEK

Futsal | Basketball | Badminton | Chess | Cricket | Table Tennis | Tug of War

The Winter Sports Week will commence on 12 January 2024 (27 Poush 2080)

Group Division

Futsal



| GROUP A | GROUP B | GROUP C | GROUP D |
|---|--|--|--|
| Boys Teams Sujal Pandey & Team (MC2) Janak Shrestha & Team (MC2) Pragyan K Khadka & Team (ME2) Samip Karki & Team (MB1) Aditya Raj Yadav & Team (MA1) Roshan Katwal & Team (ME1) Prajan Sigdel & Team (MB1) Bibesh Pradhan & Team (MA2) Aashraya Sharma & Team (MC2) Girls Teams Shreya Thapa & Team (MA1) | Boys Teams Sanket Pokhrel & Team (MM2) Girls Teams Roshni Karki & Team (MM2) | Boys Teams Ramik Pandey & Team (DL1) Bidhan Raj Thapa & Team (DK2) Pratik Sharma & Team (DA1) Pratham Singh & Team (DC1) Pratik Thakuri & Team (DD1) Prasun Pandit & Team (DB1) Shrijan Bhattarai & Team (DE1) Chandan Mandal & Team (DB1) Girls Teams Smriti Chalise & Team (MM2) | Boys Teams Aayush KC & Team (DE2) Ujjwal Shahi & Team (DB2) Anmol Shrestha & Team (DF2) Nischal Neupane & Team (DG2) Suyog Karki & Team (DD2) Ram Krishna Rai & Team (DI1) Anmol Shrestha & Team (DF2) |
| GROUP E | GROUP F | GROUP G | GROUP H |
| Boys Teams Roman Ale & Team (F2) Sangam Waiba & Team (B1) Aryan Shah & Team (A1) Bibek Tamang & Team (A2) Subin Tamang & Team (D1) Mahir Tamang & Team (E1) GIRLS TEAM Sonam Yangzom & Team (F2) | Boys Teams Roshan Shrestha & Team (M2) Prashant Thapa & Team (M2) Khagendra Sen Thapa & Team (H1) Roshan Sunar & Team (L2) Suyesh Gole & Team (K2) Sanin Shrestha & Team (M1) Sangbo Dong & Team (L1) Chhawang Lama & Team (N2) | Boys Teams Roshan Pandey & Team (J1) Kamal Bhujel & Team (J2) Renish Sherpa & Team (I2) | Boys Teams Aayush Thungana & Team (A2-A) Lajik Acharya & Team (AS-E) Roshan Prasad Kasaju & Team (A2-D) |

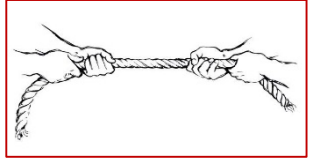
The winning team from each Group shall participate in Inter-Group competitions.

Basketball



| GROUP A | GROUP B | GROUP C | GROUP D |
|---|---|--|--|
| Boys Teams Suresh Thakuri & Team (ME2) Saswot Basnet & Team (ME1) Susan Moktan & Team (MD2) Girls Teams Saksehi Magar & Team (MB1) | Girls Teams Shreeti Gurung & Team (MM2) | Boys Teams Chandan Mandal & Team (DB1) Nikesh Budhathoki & Team (DE1) | Boys Teams Prasoon Raj Shakya & Team (DD2) Kushal Bhujel & Team (DL1) |
| GROUP E | GROUP F | GROUP G | GROUP H |
| Boys Teams Prashant Shahi Thakuri & Team (F1) Girls Teams Sonam Yangzom & Team (F2) Saksehi Magar & Team (MB1) | Boys Teams Rojan Kayastha & Team (G2) Surya Gurung & Team (G2) Bimochan Timalsina & Team (G1) Girls Teams Karuna Chettri & Team (M2) | NILL | Boys Teams Reman Magar & Team (A2-D) Ridam Khanal & Team (AS-E) |

The winning team from each Group shall participate in Inter-Group competitions.



Tug Of War

| GROUP A | GROUP B | GROUP C | GROUP D |
|--|---|--|---|
| Boys Teams Suresh Shahi Thakuri & Team (ME2) Kishna p Lamichhane & Team (MD2) Aamod Mahato & Team (MA1) Samip Karki & Team (MB1) Aushraya Sharma & Team (MC2) Saswot Basnet & Team (ME1) Girls Teams Shreya Thapa & Team (MA1) | Boys Teams Sanket Pokharel & Team (MM2) Girls Teams Sophiya Dhimal & Team (MM2) | Boys Teams Saugat Shrestha & Team (DB1) Anuj Adhikari & Team (DC1) Girls Teams Smriti Chalise & Team (DF1) | Boys Teams Jenish Basnet & Team (DD2) Nishchal Neupane & Team (DG2) Ritesh Kumar Yadav & Team (DD2) Kushal Bhujel & Team (DL1) |
| GROUP E | GROUP F | GROUP G | GROUP H |
| Boys Teams Anish Bishwokarma & Team (B1) Rabi Shrestha & Team (A2) Girls Teams SONAM YANGZOM & Team (F2) | Boys Teams Aeju Singh & Team (N2) Amar Thakur & Team (L2) Girls Teams | Boys Teams Renish Sherpa & Team (I2) | Boys Teams Ridam Khanal & Team (AS-E) |

The winning team from each Group shall participate in Inter-Group competitions.

Cricket



| GROUP A | GROUP B | GROUP C | GROUP D |
|---|--|--|---|
| Boys Teams Agreeem Paudel & Team (MC1) Aditya Raj Yadav & Team (MA1) Samyam Gajurel & Team (MB1) Samrat Bogati & Team (ME1) Pragyan Khadka & Team (ME2) | Boys Teams Paribesh Marasini & Team (MI1) Ankit Shah & Team (MN1) | Boys Teams Chandan Mandal & Team (DB1) Avishek Devkota & Team (DA1) Subhas Yadav & Team (DK2) Aashish Mahato & Team (DE1) | Boys Teams Binaya Jaiswal & Team (DE2) Suyog Karki & Team (DD2) Aalok Rauniyar & Team (DM) Navin Patel & Team (DC2) Sandesh Khanal & Team (DL1) |
| GROUP E | GROUP F | GROUP G | GROUP H |
| Boys Teams Digesh Ale Magar & Team (B1) Rohan Lamichhane & Team (C2) Abishek Gautam & Team (F1) | Boys Teams Rishikesh Shah & Team (G1) | Boys Teams Nischal Marasini & Team (J1) | NILL |

The winning team from each Group shall participate in Inter-Group competitions.

Table Tennis - Doubles



| GROUP A | GROUP B | GROUP C | GROUP D |
|--|---|---|---|
| Boys Teams Suyog Rai (ME2) & Gaurav Ale Magar (MB2) Aetheison Thapa & Saksham Chand (E1) Aashrya Sharma & Sreejal Shrestha (MC2) Samip Karki & Pawan Rimal (MB1) Yug Tulachan & Niraj KC (MB1) Shivam Yadav & Shivam Kr. Shah (MA1) Girls Teams Himanshi Oli (ME2) & Yeshi Lama (MA2) Shreya Karki & Sumiran Lamichhane (MC2) | Boys Teams Rojan Thapa & Shasank Panta (MK2) Girls Teams Nayana Shakya & Ashlesha Subedi (ML1) | Boys Teams Bishesh Subedi & Unique Bhatt (DE1) Rishi Pd Devkota (DJ2) & Aryash Bhattraai (DK2) Girls Teams | Boys Teams Nishan Parajuli & Samip Shrestha (DE2) Shasank Budthapa & Nischal Neupane (DG2) Prashant Sapkota & Bibek Rana Bhatt (DM1) Biplov Giri & Ramik Pandey (DL1) Suprince Baral & Sreeshant KC (DJ1) |
| GROUP E | GROUP F | GROUP G | GROUP H |
| Boys Teams Shreejan Gautam & Akrit Regmi (B1) Aetheison Thapa & Shaksam Chand (E1) Sujit Thapa & Sudin Khadka (D1) | Boys Teams Rishikesh Shah (G1) & Prince Subedi (K1) | Girls Teams Nima Kanchi Sherpa & Sneha Golay (I2) | Boys Teams Ridam Khanal & Lajik Acharya (AsE) Ubin Bajcharya & Yogen Shakya (As-E) Sahaj Neupane & Mahan Dhakal (As-B) |
| The winning team from each Group shall participate in Inter-Group competitions. | | | |

Table Tennis - Single



| GROUP A | GROUP B | GROUP C | GROUP D |
|---|--|--|--|
| Boys Teams Pawan Rimal (MB1) Niraj KC (MB1) Yug Tulachan (MB1) Samip Karki (MB1) Suyog Rai (ME2) Shivam Kumar Shah (MA1) Shivam Yadav (MA1) Aashraya Sharma (MC2) Shreejal Shrestha (MC2) Aman KC (MB1) Mandip Gurung (MB1) Girls Teams Himanshi Oli (ME2) Yeshi Lama (MA2) Shreya Karki (MC2) Sumiran Lamichhane (MC2) | Boys Teams Aaryan Yadav (MO1) Shasank Panta (MK2) Girls Teams Nayan Shakya (ML1) | Boys Teams Sabin Rana Bhat (DC1) Sushant Poudel (DA1) Aaryas Bhattraai (DK2) Julani Khan (DE1) Dhivai Paneru (DD1) Apsan Baniya (DE1) Rochak Karki (DE1) Md Samsudin (DE1) Bishesh Subedi (DE1) Unik Bhatt (DE1) Hridaya Acharya (DE1) Bishwash Khatri (DA1) Pranshu Pandit (DB1) Girls Teams Samikshya Bhattraai (DA1) | Boys Teams Binayak Kumar Jaiswal (DE2) Suprince Baram (DJ) Sajam Karki (DC2) Prasant Sapkota (DM1) Ashim Khadka (DM1) Ramik Pandey (DL1) Biplov Giri (DL1) Shasank Karn (DL1) Shreeanshu Basnet (DK1) Pranish Pandey (DF2) Sandesh Khanal (DL1) Ishan Yadav (DK1) Dipesh Kalwar (DC2) Nishan Parajuli (DE2) Samip Shrestha (DE2) Aashyan Tamang (DE2) Girls Teams Runishma Joshi (DF2) |
| GROUP E | GROUP F | GROUP G | GROUP H |
| Boys Teams Shreejan Gautam (B1) Akrit Regmi (B1) Shrawan Kaji Tamrakar (D1) Aavash Rupakheti (A2) Saksham Chand (E1) Aayush Joshi (D1) Oskar Baniya (D1) Ashrab Sedain (C1) Divyanshu Acharya (C1) | Boys Teams Manohar Budhathoki (N2) Bipul Tamrakar (M1) Samyog Shrestha (K1) Anjit Khadka (G1) | Girls Teams Nima Kanchi Shrepa (I2) Sneha Golay (I2) | Boys Teams Tej Bahadur Parajuli (As) Lajik Acharya (As-E) Nischal Dahal (As-E) Ridam Khanal (As-E) Abin Dhital (As-E) Ubin Bajcharya (As-E) Yogen Shakya (As-A) Samip Yadav (As-E) |

| | | |
|---|--|--|
| Agreem Poudel (C1) Prayash Banjara (C2) Sagar Mahatara (A2) Anjal Pokhreal (B1) Unique Naharki (C1) Sujit Thapa (D1) Nirmal Thapa (D1) Sudin Khadka (D1) Shrish Babu Tiwari (C2) Chetan Shrestha (A1) Aakarshan Chudal (C1) Pravesh Bishwakarma (M1) Sulav Devkota (B1) | | Sahaj Neupane (As-B) Mahan Dhakal (As-B) Sarthak Jung Shah (As-A) Kapil Dhungana (As-A) Keshav Shah (As-A) |
| Girls Teams Karuna Chhetri (D2) | | |

The winning team from each Group shall participate in Inter-Group competitions.



Badminton - Single

| GROUP A | GROUP B | GROUP C | GROUP D |
|--|--|--|--|
| Boys Teams Bishan Rai (MA1) Rashil Khatri (ME1) Unique Karki (ME1) Sandesh Shrestha (ME1) Samrat Boagati (ME1) Rabin Shrestha (MA2) Awash Rupakheti (MA2) Rohan Adhikari (MD1) Bhupesh Kumar Gautam (MD1) Diwash Khadka (MD1) Aaysuh Kumar Sah (MD1) Aalon Tamang (MD1) Drishal Lamichhane (MD1) Shrijal Shrestha (MC2) Sudhip Nepal (ME2) | Boys Teams Sanket Pokhrel (MM2) Rajesh Gupta (MM1) Aayush Poudel (MI2) Kushal Babu Nepal (MI2) | Boys Teams Aman Mahar (DF1) Bens Chaudhary (DF1) Rishi Prasad (DJ2) Suyogya Paudel (DA1) Sushant Padel (DA1) Ankit Tiwari (DG1) Suman Singh (DD1) Chandan Mandal (DB1) Unique Bhatt (DE1) Bishesh Subedi (DE1) Anush Shrestha (DF1) Pranil Basnet (DD1) Ankit Kamati (DD1) | Boys Teams Milan Joshi (DK1) Kiran Jung Basyal (DJ1) Adyan Tamang (DC2) Nishant Parajuli (DE2) Prashant Sapkota (DM1) Sajan Karki (DC2) Subash Pun (DD2) Sandesh Khanal (DL1) Rajesh Nath Yogi (DM1) Pushkar Kunwar (DM1) Anmol Shrestha (DF2) Dipesh Kalwar (DC2) Biplob Giri (DL1) |
| Girls Teams Psauhordata Lama (ML2) Yeshi Lama (MD2) Himanshi Oli (ME2) Sumiran Lamichhane (MC1) Shreya Karki (MC2) Ashray Sharma (MC2) Anjila Malla (ME2) | Girls Teams Sophiya Dhimal (MM2) Roshani Karki (MM2) Pooja Chaulagain (MM2) Aslesha Subedi (ML1) Nayana Shakya (ML1) Muna Dhahal (MI2) Swikriti Sharma (MI2) | Girls Teams Sima Prasana Adhikari (DE1) Monica Lamichhane (DK2) Shailesha Adhikari (DK2) Samana Gautam (DI2) | Girls Teams Diya Shah (DO1) Runishma Joshi (DF2) Karuna Chaudhary (DO1) |
| GROUP E | GROUP F | GROUP G | GROUP H |
| Boys Teams Sagar Mahatra (A2) Sangam KC (A2) Shrish Babu Tiwari (C2) Nausad Alam (C2) Aarif Khan (C2) Shrijan Gautam (B1) Ankit Regmi (B1) Nirjal Thapa (B1) Prabesh Malla (C1) Shrawan Kaji Tamrakar (D1) Bibek Kumar Sah (A1) Aetheison Thapa (E1) Saksham Chand (E1) Ayush Joshi (E1) Shakti KC (E1) | Boys Teams Samyog Shrestha (K1) | Boys Teams Niraj Balami (I2) Roshan Rai (I2) Aawaskar Aryal (I2) | Boys Teams Ridham Khanal (AS-E) Rohan Prasad Kasju (A2-D) Aashish Bam (A2-D) Lalik Acharya (AS-E) Nischal Dahal (AS-E) Abin Dhital (AS-E) Ubin Bajaracharya (AS-E) Yojen Shakya (AS-A) Samip Yadav (AS-E) Keshav Shah (AS-A) |
| Girls Teams Akancha Prakash (A2) Apekshya Sapkota (A2) Karuna Chhetri (D2) | | | |

The winning team from each Group shall participate in Inter-Group competitions.

Badminton - Doubles



| GROUP A | GROUP B | GROUP C | GROUP D |
|---|--|--|--|
| <p>Boys Teams Bhupesh Kumar Gautam & Rohan Adhikari (MD1) Alon Tamang & Drishal Lamichhane (MD1) Pawan Rimal & Samip Karki (MB1) Diwash Khadka & Aayush Kr. Shah (MD1) Yug Tulachan & Aman KC (MB1) Unik Karki & Prashil Khatri (ME1) Sandesh Shrestha & Sauaith Bogati (ME1) Shrejal Shrestha & Aashraya Sharma (MC2)</p> <p>Girls Teams Yeshi Lama (MD2) & Himanshi Oli (ME2) Sumiran Lamichhane (MC1) & Shreya Karki (MC2)</p> | <p>Boys Teams Kushal Babu Nepal & Aayush Poudel (MI2)</p> <p>Girls Teams Muna Dahal & Swikriti Sharma (MI2) Sophiya Dhimal & Roshini Karki (MM2) Ashlesha Subedi & Nayana Shakya (ML1)</p> | <p>Boys Teams Bishesh Subedi & Unik Bhatt (DE1) Rishi Prasad & David Rana (DJ2) Ankit Tiwari & Aanand Yadav (DG1) Prakash Baral (DH2) & Bivash Sharma (DL2) Yogesh Raut (Da1) & Ashish Shrestha (DB1) Abhisekh Raut & Suyagya Poudel (DA1)</p> <p>Girls Teams Sama Gautam (DI2) & Monika Lamichhane (DK2)</p> | <p>Boys Teams Aanand Singh & Pramish Thapa (DB2) Subash Pun (DD2) & Himesh Bhatt (DE2) Nishal Neupane (DG2) & Biplov Neupane (DE2) Prashant Sapkota & Rajesh Nath Yogi (DM1) Puskar Kunwar & Aayush Khanal (DM1) Aadhyan Tamang (DC2) & Nishan Parajuli (DE2)</p> |
| GROUP E | GROUP F | GROUP G | GROUP H |
| <p>Boys Teams Ravi Shrestha (A2) & Subash Magar (E2) Nausad Aalam & Aarif Khan (C2) Aetheison Thapa & Saksham Chand (E1) Sulav Devkota & Digesh Ale (B1) Shrish Babu Tiwari & Samir Diwakar (C2) Sagar Mahatara & Sangam KC (A2)</p> <p>Girls Teams Karuna Chhetri & Sargam Magar (D2) Aakansha Prakash & Apekshya Sapkota (A2)</p> | <p>Boys Teams Amar Thakur & Aaditya Shah (L2) Rivhen Thapa & Dipak Chaudhary (M1)</p> | <p>Boys Teams Niraj Balami & Renish Sherpa (I2) Aawishkar Aryal & Roshan Rai (I2)</p> | <p>Boys Teams Sahaj Neupane & Mahan Dhakal (As-B) Ridam Khanal & Nischal Dahal (As-E)</p> |
| <p>The winning team from each Group shall participate in Inter-Group competitions.</p> | | | |



| GROUP A | GROUP B | GROUP C | GROUP D |
|---|--|--|---|
| Boys Teams Pawan Rimal (MB1) Bishan Rai (ME1) Aaditya Raj Yadav (ME1) Rohan Adhikari (MD1) Aayush Kumar Sah (MD1) Sudip KC (MC2) Girls Teams Rojee Shrestha (ME1) | Boys Teams Sanket Pokharel (MM2) Rajesh Gupta (MM1) Aryan Yadav (MO1) Prabesh Marasaini (MI1) Kushal Babu Nepal (MI2) Girls Team Muna Dahal (MI2) | Boys Teams Abhishek Raut (DA1) Suman Singh (DD1) Sujal Bhattarai (DI2) Apson Baniya (DE1) Anus Shrestha (DF1) Visesh Subedi (DE1) Diwash Adhikari (DF1) Suhan Raj Shrestha (DD1) Hridayan Acharya (DE1) Girls Team Shristi Lama (DF1) | Boys Teams Prashant Sapkota (DM1) Anamol Shrestha (DF2) Subash Pun(DD2) Sajan Karki (DC2) Prayas Banjora (DC2) Bhawesh Mishra (DK1) Puskar Kunwar (DM1) Pranish Pandey (DF2) Shreeanshu Basnet (DK1) Dipeah Kalwar (DC2) Ishan Yadav (DK1) |
| GROUP E | GROUP F | GROUP G | GROUP H |
| Boys Teams Subam Dhakal (F1) Bibek Kr Sah (A1) Aditya Kushuwha (A1) Saksham Chand (E1) Shakti Kc (E1) Santosh K Baduwal (E1) Nausad Alam (C2) Shirish Babu Tiwari (C2) Sumit Mandal (A1) Chetan Shrestha (A1) Sulav Devkota (B1) Abhishkar Bastola (A1) | Boys Teams Manohar Budhathoki | Boys Teams Saurya Raj Bhandari (I1) Aaryaman Gurung (I1) | Boys Teams Rohan Prasad Karaju (A2-D) Lalik Acharya (AS-E) Abin Dhital (AS-E) Yojen Shakya (AS-E) Ubin Bajracharya (AS-E) Samip Yadav (AS-E) Sahaj Neupane (AS-B) Mahan Dhakal (AS-B) Sarthak Jung Shah (AS-A) Kapil Dhungana (AS-A) Keshav Shah (AS-A) |

The winning team from each Group shall participate in Inter-Group competitions.

ECA DEPARTMENT

Friday, January 5, 2024

